

## MEMORIALS -ΜΝΗΜΟΣΥΝΑ

November 4, 2018

40 days for FILIA AUGOUSTIS

40νθήμερον μνημόσυνον της ΦΙΛΙΑΣ ΑΥΓΟΥΣΤΗ

November 18, 2018

3 yrs for APOSTOLOS GROUMOUTIS

3 χρόνια του ΑΠΟΣΤΟΛΟΥ ΓΚΡΟΥΜΟΥΤΗ

3 yrs for DESPINA MALAMAS

3 χρόνια της ΔΕΣΠΟΙΝΑΣ ΜΑΛΑΜΑ

## ANNOUNCEMENTS

- ❖ **Wednesday November 15<sup>th</sup>, 2017 is the beginning of Advent (Nativity) Fast.**
  - Fasting is a physical expression of our spiritual discipline and it is encouraged that all Orthodox Christians follow the fasting days. Exceptions are made for the elderly and those ailing. Fasting is one of the ways we can prepare for Christmas, the Nativity of our Lord, and if done correctly can also promote good physical health! In addition to fasting, participating in the Sacrament of Holy Confession is a great way to reconnect with Christ, His Church, and our faith!
- ❖ **Sunday November 25<sup>th</sup> is YOUTH SUNDAY.**
  - St. Catherine (celebrated Nov 25<sup>th</sup>) is the Patron Saint of our Youth in Canada, and on Sunday November 25<sup>th</sup>, 2018 we will celebrate an Artoclasia for the health and protection of our Youth. All our St. George Youth Members (*PLAY, HOPE, JOY, GOYA, ENA, ENOSIS Hellenic Dance Groups, Acolytes, Myrofores, Sunday & Greek School students,*) are asked to come to Church and help lead our Community.
- ❖ As in past years, our Community will be collecting **donations for the Greater Vancouver Food Bank**. Please make sure to bring your non-perishable donations to Church before Monday December 10<sup>th</sup>, 2018 and help spread the many blessings of Christmas with those who are less fortunate than we are.

## ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΟΥ ΓΕΩΡΓΙΟΥ BANKOYBEP, B.K.

ΑΚΟΛΟΥΘΙΕΣ ΝΟΕΜΒΡΙΟΥ 2018



ST. GEORGE  
GREEK ORTHODOX CATHEDRAL  
VANCOUVER, BC

SERVICES FOR NOVEMBER 2018

## ST. GEORGE GREEK ORTHODOX CATHEDRAL

Under the Jurisdiction of the Ecumenical Patriarchate  
& the Greek Orthodox Metropolis of Toronto (Canada)

HELLENIC COMMUNITY OF VANCOUVER

4500 ARBUTUS STREET VANCOUVER, BC V6J 4A2

REV. FR. CONSTANTINOS ECONOMOS, Parish Priest

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## ΑΚΟΛΟΥΘΙΕΣ ΝΟΕΜΒΡΙΟΥ 2018

**Κυριακή 4** **Ε' Κυριακή του Λουκά**  
Όρθρος 8:30π.μ. Θεία Λειτουργία 9:45 π.μ.

**Κυριακή 11** **Η' Κυριακή του Λουκά - Μηνά Μεγαλομάρτυρος**  
Όρθρος 8:30π.μ. Θεία Λειτουργία 9:45 π.μ.

**Κυριακή 18** **Θ' Κυριακή του Λουκά**  
Όρθρος 8:30π.μ. Θεία Λειτουργία 9:45 π.μ.  
*\* Επιμνημόσυνη Δέησις για το ολοκαύτωμα της Μονής Αρκαδίου \**

**Κυριακή 25** **ΙΓ' Κυριακή του Λουκά – Αικατερίνης Μεγαλομάρτυρος - Κυριακή της Νεολαίας**  
Όρθρος 8:30π.μ. Θεία Λειτουργία 9:45 π.μ.  
*\* Αρτοκλασία υπέρ της Νεολαίας της Κοινοτητάς μας \**

## SERVICES FOR NOVEMBER 2018

**Sunday 4** **5th Sunday of Luke**  
Orthros 8:30am Divine Liturgy 9:45 am

**Sunday 11** **8th Sunday of Luke -Menas the Great Martyr**  
Orthros 8:30am Divine Liturgy 9:45 am

**Sunday 18** **9th Sunday of Luke**  
Orthros 8:30am Divine Liturgy 9:45 am  
*\* Memorial for the Holocaust of the Monastery of Arkadi \**

**Sunday 25** **13th Sunday of Luke – Catherine the Great Martyr – Youth Sunday**  
Orthros 8:30am Divine Liturgy 9:45 am  
*\* Artoclasia for the health and protection of our Community's Youth \**